



RS Aero Sprint Series 2026
3rd and 4th Oct
Swords Sailing & Boating Club (SSBC)

SAILING INSTRUCTIONS

The notation '[DP]' in a rule of the sailing instructions (SIs) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1

The Notation '[SP]' denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing 2025-2028.
- 1.2. Racing rules Race Signals AP, 26, 33, 35, 44.1, 60.1, 60.3(b), 61.2(b), 61.1(a), 61.4(b), 62.2, 63.1, A2, A4 A5.1 and A5.2 will be changed. The changes appear, in full, in these sailing instructions.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the SSBC Online official [noticeboard](#).

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the main flagpole at the club.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP. This changes race signals AP.

6. SCHEDULE OF RACES

6.1. Schedule of Racing:

Saturday 10:45	Competitor briefing
Saturday 11:00	Weather and boat handling brief
Saturday 11:30	First warning signal
Saturday 15:30	Latest warning signal
Post racing ashore with food	Debrief and question and answer session
Sunday 10:30	Weather and boat handling brief
Sunday 11:00	First warning signal
Sunday 14:00	Latest warning signal

6.2 The start sequence for each race shall be:

Class Flag up	-3 minutes
Preparatory signal up	-2 minutes
Preparatory Signal down	-1 minute
Class Flag down	0

This changes RRS 26

- 6.3 The Race Committee may, at its discretion, shorten the allocated time for racing.
- 6.4 Three races shall constitute a series.
- 6.5 Succeeding races will be started as soon as practicable following the finish of the previous race.
- 6.6 Race numbers will be determined on the basis of the allotted time windows listed above and not on a predefined number of races.
- 6.7 On the last day of racing no warning signal will be made after 1400.

7. CLASS FLAGS

All classes will start together under the RS Aero Class Flag or if not available Numeral 1.

8. RACING AREA

The Racing Area will be in the waters of Broadmeadow Estuary, Malahide.

9. COURSES

- 9.1. Courses to be sailed will be detailed in the sailing instructions appendix A.
- 9.2. The courses to be sailed will be indicated by boards on the side of the committee boat.

10. MARKS

- 10.1. Marks will be orange Pencil marks. The start mark will be between the committee boat and the course side of the orange round pin mark. The finish will be the same.
- 10.2. If either 3S or 3P are missing, i.e. if only one mark is present, that mark shall be rounded to port.

11. THE START

- 11.1. The starting line will be between a vertical pole amidship on the committee boat and the course side of a port-end orange round pin mark.
- 11.2. A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 12.2. Minor course changes may not be signalled. This changes RRS 33.

13. THE FINISH

The finishing line will be between a vertical pole amidship on the committee boat displaying a blue flag and the course side of the orange round pin mark.

14. PENALTY SYSTEM

- 14.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 14.2. RRS Appendix P, Appendix T and the Exoneration Penalty apply to this regatta. Decisions from Arbitration can be referred to the protest committee but cannot be reopened or appealed.
- 14.3. The penalty for breaches of Class Rules will be Standard Penalties [SP] which changes rule RRS 63.1 and may also be less than disqualification.

15. TIME LIMITS

- 15.1. Boats failing to finish within a 5 minute finishing window after the first similar RIG sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2
- 15.2. In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if

they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 61.1(a) and 61.4(b).

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This changes RRS 60.3(b) and 61.2(b)
- 16.2. Protest forms (Paper copies) are available on the event Notice Board in the clubhouse of SSBC.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in a suitable location of SSBC
- 16.4. On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17. SCORING

- 17.1. Low Point Scoring System in RRS Appendix A4 will apply
 - (a) The first placed boat in each fleet will receive 1 point.
 - (b) DNS, DNC, DSQ, DNE shall score 3 points more than the number of finishers.
 - (c) DNF, OCS, RET, NSC, UFD, BFD shall score 2 more than the number of finishers
- 17.2. Three races are required to be completed to constitute a series.
- 17.3. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
When 4 or more races have been completed, a boat's score shall be her total score excluding her worst score.
When eight or more races are completed, a boat's series score will be the total of her race scores excluding her two worst scores.
When twelve or more races are completed, a boat's series score will be the total of her race scores excluding her three worst scores.
This changes RRS A2.1.
- 17.4. All boats shall be scored under the Portsmouth Yardstick (PY) handicapping system.

18. SAFETY REGULATIONS

[DP] [NP] A boat that retires from a race shall notify the race committee as soon as possible.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1. [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.

- 19.2. [DP] [NP] Substitution of damaged or lost equipment is not allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21. OFFICIAL VESSELS

The SSBC Committee Boat will be used, with a White hull and Blue cabin.

22. RUBBISH DISPOSAL

Rubbish may be placed aboard official or support person vessels.

23. PRIZES

- 23.1. As per NOR 17

24. RISK STATEMENT

- 24.1. RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- 24.2. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 24.3. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 24.4. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 24.5. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 24.6. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 24.7. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances;
- 24.8. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any safety briefing held for the event.

25. INSURANCE



As per NoR 18.

26. TEMPORARY MEMBERSHIP

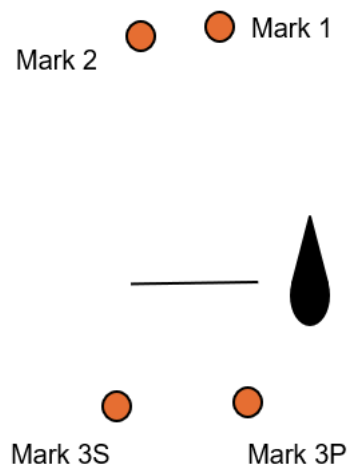
All competitors and Race Officials will be granted Temporary Membership of SSBC for the duration of the event.

Appendix A – Courses

Course 'WL' - Windward Leeward

All marks to be passed to port except 3S

Course 1,2,3S or 3P, 1,2, 3S or SP Finish







Course 'T' - Triangle Course

All marks to be passed to port

1,2,3, 1,2,3 Finish

